

# STAR® Manager - Operational Coaching® Skills

A proven approach to transform management skills in as little as 5 weeks



# **@ APMG** International

STAR® Manager - Operational Coaching® Skills for Leaders and Managers



## What STAR is

- The STAR® Coach and Manager programme transforms leadership skills and influence by helping professionals adopt an Operational Coaching® style that favours an enquiry-led approach when interacting with others.
- This award-winning management development programme is fully virtual, helping organizations transform management behaviour and management skills in as little as 5 weeks.
- The typical duration of each training course is:
- 10 Weeks for the STAR® Coach Certification (Online self-paced)
- 5 Weeks for the STAR® Coach Practitioner Certification (Online self-paced + trainer workshop sessions)
- 20 Weeks for the STAR® Manager Certification (Online self-paced)
- 8 Weeks for the STAR® Manager Practitioner Certification (Online self-paced + trainer workshop sessions)
- Courses are broken down into workplace missions, workshops, and interactive practitioner sessions

### Individual & Organizational benefits:

### Individual benefits:

- Fast-track promotion and become "the best manager in your company" through new coaching behaviours.
- Reclaim time and reduce stress by shifting from taskoriented work to empowering your team members.
- Enhance coaching skills like active listening, powerful enquiry, feedback, and structured 1:1s by applying the STAR Coaching Model®.
- Develop confidence and resilience through sustained behavioural change.
- Have a certification that proves your ability to directly increase engagement, productivity, retention, inclusivity and performance.

### Organizational benefits:

- Increases employee engagement and retention by training managers to adopt coaching mindsets.
- Improves performance and productivity based on data suggesting STAR® managers increase productivity by upwards of 47%.
- Delivers strong ROI (up to 100x) and contributes to overall revenue growth.
- Encourages agile mindsets, creativity, and team ownership in change or growth environments.
- Cultivates a coaching culture by embedding enquiryled interactions across the organization to promote collaborative, inclusive workplaces.

### Who Is It For?

Our STAR® training and certifications are for professionals who are responsible for people management and team leadership, including:

- · Leaders, managers, and directors
- · Internal and external consultants or coaches
- · HR business partners and business relationship managers

Find out more online at: https://apmg-international.com/product/star-manager

Professional certifications designed to help individuals and their organizations perform more effectively.

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